

A New Leaf Therapeutic
Services PLLC

All About HIPAA & Knowing Your Rights



A New Leaf Therapeutic Services PLLC
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HIPAA History

The Health Insurance Portability and Accountability Act (HIPAA) was first enacted in 1996 and aimed to protect health coverage for employees who lost their job or changed careers. Over time, HIPAA created mandates and standards for the transmission and protection of sensitive patient health information by providers and relevant health care organizations.



Our Promise

A New Leaf Therapeutic Services PLLC ensures that we follow all HIPAA rules and regulations to protect our clients.

The 3 Rules of HIPAA

1. Protect individuals' medical records and other individually identifiable health information - collectively defined as "protected health information" (PHI).
2. Protect the electronic PHI (ePHI) that a covered entity creates, uses, receives, or maintains while still allowing covered entities to innovate and adopt new technologies that improve the quality and efficiency of patient care.
3. Requires covered entities and business associates to provide notification of a breach involving unsecured PHI.

Know Your Rights

When you turn 18, you are legally an adult. Not only can you vote and buy a lottery ticket now, but your rights and privacies at medical centers and doctor's offices change - including speech therapy, ABA services, and mental health therapy. Simply put, your parents or legal guardian can not access your medical information or be involved in your care without your written consent.

Protected Health Information

Protected Health Information (PHI) is anything that can be used to identify an individual, which includes a wide range of sensitive data, such as your address, social security number, saved credit card information, and any medical history including conditions and diagnoses. Following HIPAA policies and procedures ensures that this information remains safe and secure.

Here At A New Leaf Therapeutic Services PLLC, our team is trained on all HIPAA rules and regulations. Our team will never share protected information without your consent.

More Info

For more information on your rights:

- https://www.hhs.gov/sites/default/files/ocr/privacy/hipaa/understanding/consumers/consumer_rights.pdf
- <https://www.hhs.gov/hipaa/for-individuals/guidance-materials-for-consumers/index.html>
- <https://www.stanfordchildrens.org/en/service/adolescent-medicine/turning-eighteen>
- <https://www.healthit.gov/sites/default/files/YourHealthInformationYourRights-Infographic-Web.pdf>

You're 18 Now. What's Next?

We can not confirm if you are a client, share upcoming or past appointments, or reveal any medical information about your treatment or finances to anyone without an ROI on file for that specific person/practice.

This informative pamphlet aims to help our young adult clients know their rights and responsibilities regarding their medical records and HIPAA when they turn 18 years of age.

When & Why?

- An adult client would like their parent/guardian to assist with paying their co-pays, bills, and handle all general financial questions A New Leaf may have.
- An adult client would like their guardian or partner to be able to call and ask about the client's upcoming appointments, change appointments, and request new appointments without the client being on the phone.
- An adult client would like a family member to be able to have private conversations with their provider to assist with treatment and progress.
- An adult client would like their clinician to send over their assessment and any relevant notes to a specific doctor.
- An adult client would like a copy of all their medical records to have on file if ever needed (yes, even though you are the client, we would still need an ROI from you to release these notes to you).

Release of Information

If you are over the age of 18, no one besides yourself has access to any information without your permission. This includes your parents, guardians, siblings, spouse, and even your children. If you would like another person to have access to your medical information, you will need to complete a Release of Information (ROI) form.

An ROI form is a written authorization that gives the client the ability to decide what medical information they would like us to share and with whom.

You can request one at ANY time from our front desk or your clinician. The ROI will be kept on file and A New Leaf Therapeutic Services PLLC will be able to know who we can speak with about your treatment and what we can speak about. This can include sending records to your work, school, other medical professionals, and family members that you would like involved in your treatment.

You can amend or revoke an ROI on file at any time by providing us with a written statement.



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